

**June 12, 2002**

**FOR IMMEDIATE RELEASE**

**GOV. HOLDEN NOMINATES 20 TO  
GOVERNOR'S COUNCIL ON PHYSICAL  
FITNESS AND HEALTH**

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Jefferson City--Gov. Bob Holden announced 20 members of the Governor's Council on Physical Fitness. The council was first named in 1986 and is being renewed via an executive order (02-12). The governor appoints 29 council members to two-year terms, in addition to the executive director.

"The council's main goal is to help Missourians adopt a healthier lifestyle," Holden said. "It's a big job – and an important one. Improving the quality of life for Missouri's citizens is so important, and I know that this council will work hard to see that happen."

The new members of the council are:

Dr. Joyce Bailey, Warrensburg

Sheri Beeler, Joplin

Mari Ann Bihr, Jefferson City

Jimmy E. Clay, Chesterfield\*

Briana L. Fields, Columbia

Nanci Gonder, Jefferson City

Doris J. Grevillius, Springfield\*

Jeanne Henry, Jefferson City

William Howard Kincaid, Jr., Columbia\*

Kristin Metcalf-Wilson, Columbia

Charles E. Mitchell, Crystal City

Mark C. Musso, Jefferson City

Jerry D. Osborn, Clinton\*

Priscilla Reed, Cedar Hill\*

Dr. Rhonda R. Ridinger, Springfield

Jessica L. Samson, Chesterfield

Joanie Shover, Blue Springs

Dr. Connie Simmons, Cape Girardeau

Jacquelyn White, Jefferson City

Michael Yarbrough, St. Louis

The Governor's Council on Physical Fitness and Health's mission statement is to promote physical fitness and health throughout the state by implementing programs, fostering communication and cooperation and developing statewide support that will help the citizens of Missouri develop and maintain healthier lifestyles.

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\*Reappointed